

Drumset Patterns for Lefties

These stick control patterns are for lefties playing a right-handed drumset. Practice each one until you can play it well, then repeat it 4X then 1X without stopping. Once you've added the foot-pattern ostinatos you can combine them with left-hand-lead rock beats to create fills, or play them in solos.

4X ___ 1X ___

Single Paradiddle

LRLRLRR

Musical notation for the Single Paradiddle pattern. It consists of two staves of music. The first staff shows the pattern LRLRLRR repeated four times. The second staff shows the pattern LRLRLRR repeated once. The notation uses eighth notes and beams to represent the sequence of strokes.

Double Stroke Roll

LLRRLRR

Musical notation for the Double Stroke Roll pattern. It consists of two staves of music. The first staff shows the pattern LLRRLRR repeated four times. The second staff shows the pattern LLRRLRR repeated once. The notation uses eighth notes and beams to represent the sequence of strokes, with double strokes indicated by two flags above the notes.

Foot-Pattern Ostinatos

Now combine each of the hand patterns with these foot-pattern ostinatos. Practice them separately with each ostinato, then play them 4X and 1X without stopping.

A

B

C

D

Musical notation for four foot-pattern ostinatos labeled A, B, C, and D. Each ostinato is represented by a single staff of music with a specific rhythmic pattern of notes and rests. Ostinato A has a pattern of eighth notes and rests. Ostinato B has a pattern of quarter notes and rests. Ostinato C has a pattern of eighth notes and rests. Ostinato D has a pattern of eighth notes and rests.